

## Distance Education Support for Families

# Routines, Schedules, and Flexibility

### Create a Visual Daily Schedule or Checklist



- Use pictures and drawings for early learners or learners with special needs
- Older children can use a calendar, planner, or digital organizer to stay organized.

### Be Flexible and Consistent

- Design a chart or checklist with your children with realistic daily expectations.
- Patiently practice the routine to establish family habits.



- Be open to changes and additions to the schedule.
- Listen to your child's needs and interests.

### Space and Supplies for Learning

- Find a comfortable desk, table, or spot on the floor to learn in a quiet area.
- Keep the area clean and uncluttered.
- Have all necessary materials easily accessible (pencils, coloring materials, books, computer, headphones).
- Put cell phone, tablet, or electronic games in another room to limit distractions (unless needed for learning tasks).



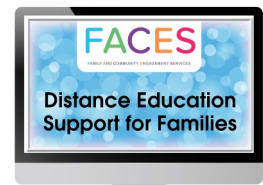
### Schedules & Checklist Items

- Class schedule and meeting
- Meals and snack breaks
- Bedtimes
- Play time
- Family time
- Chores, job, or volunteering
- Rest and relaxing



### Family Discussion Questions

- How are you really feeling?
- What resources do you need?
- How can I help you?
- What challenged you today?



[bit.ly/facesuflonline](https://bit.ly/facesuflonline)

 (702) 799-0303

 [faces@nv.ccsd.net](mailto:faces@nv.ccsd.net)

 [faces.ccsd.net](http://faces.ccsd.net)

 [facebook.com/ccsdfaces](https://facebook.com/ccsdfaces)

 @CCSD\_FACES

 [ccsdfaces](https://www.instagram.com/ccsdfaces)